

## Instructions to Parents Infant Auditory Brainstem Response Testing (ABR) And/or Otoacoustic Emission Testing (OAE)

In order to test a baby's hearing, the baby must be absolutely still and quiet for typically 20-30 minutes. For very young babies, this means being asleep. To facilitate this, the following instructions must be followed carefully unless medically prohibited.

1. The baby must be sleep derived. This means that the night prior to testing, the baby must not be allowed to get his/her normal amount of sleep. He/she must be put to bed later than usual (preferably 2-4 hours) and awakened early (preferably 2 hours). The baby should then be kept awake until the appointment time.
2. The feeding time just prior to the schedule test time should be skipped and given only at the testing facility when the person responsible for testing your child advises you to give it. For instance, if your baby feeds every two hours and your appointment time is scheduled at 8:30am, skip the feeding just before the appointment time. Normally, when young babies are sleep deprived and fed just prior to testing, they will easily fall asleep for the time necessary for hearing testing.
3. **Do not** let your baby fall asleep on the way to the testing facility. This will prevent the child from sleeping during testing. If your baby sleeps on the way to the facility, he/she may not be sleepy upon arrival.
4. If your baby has a runny nose (with color) or any drainage from the ears before your scheduled appointment, please call and cancel the appointment because we would not be able to complete an accurate hearing testing with your baby in this condition. Then your child to the pediatrician and call us to schedule a new appointment after receiving medical clearance.

Following these simple steps will make your testing experience much more pleasant and will allow us to quickly complete the necessary steps to thoroughly test your baby's hearing. Thank you for your cooperation in this matter and we look forward to serving you and your child.

If you have questions concerning these instructions or any other aspect of your appointment with us, please contact one of our courteous staff members at 940-565-2262.